Texas OT Schools

Abilene Christian University
Texas Tech University Health Sciences Center
Texas Woman’s University
University of St. Augustine
University of Texas—El Paso
University of Texas Health Science Center—San Antonio
University of Texas Medical Branch
University of Texas—Rio Grande Valley

Applying to OT School

- Requires completion of the Graduate Record Examination (GRE)
- Program applications should be complete and returned approximately one year prior to the time of desired admission.

Preparing for the GRE?

Visit www.ets.org/gre
for information about the test

Exam Preparation Materials:

Kaplan
Princeton Review

Get Involved!

Alpha Epsilon Delta
Pre-Health Minority Club
(Alpha Delta)
Medically Dedicated Students
The American Occupational Therapy Association
Texas Occupational Therapy Association
UNT Pre-OT Club
Mapping the Pre-Occupational Therapy Journey

With the help of your advisor, use the prerequisite courses listed on the following page to create an individual plan for your pre-occupational therapy ambitions. Because circumstances can change and differ over time, this is an unofficial timeline and should be re-evaluated each semester.

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**Fall Timeline**  
GRE Preparation

**Spring Timeline**  
GRE Prep/Take Test  
Prerequisites should be complete before applying

**SUMMER**: GRE needs to be complete by early summer.

The application timeline differs for each OT school. Please visit their websites for more information on deadlines and application requirements.
OT Requirements by School

**All courses must be complete with a grade of ‘C’ or better**

A bachelor’s degree is required

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**Abilene Christian University**
- BIOL 2301/2311 Anatomy & Physiology I (4hrs)
- BIOL 2302/2312 Anatomy & Physiology II (4hrs)
- PSYC 4610 Abnormal Psychology (3hrs)
- MATH 1680 Probability & Statistics (3hrs)
- BIOL 3500 Medical Terminology (2hrs)
- PSYC 3620 Developmental Psychology (3hrs)
- PSYC 1630 General Psychology (3hrs)
- SOCI 1510 Introduction to Sociology (3hrs)

**Texas Tech University**
- BIOL 2301/2311 Anatomy & Physiology I (4hrs)
- BIOL 2302/2312 Anatomy & Physiology II (4hrs)
- PHYS 1410 General Physics I (3hrs)
  - OR KINE 3050 Biomechanics (3hrs)
- PSYC 4610 Abnormal Psychology (3hrs)
- PSYC 3620 Developmental Psychology (3hrs)
- MATH 1680 Probability & Statistics (3hrs)
  *Does not require the GRE

**Texas Woman’s University**
- MATH 1680 Probability & Statistics (3hrs)
- BIOL 2301/2311 Anatomy & Physiology I (4hrs)
- BIOL 2302/2312 Anatomy & Physiology II (4hrs)
- PSYC 3620 Developmental Psychology (3hrs)
- PSYC 4610 Abnormal Psychology (3hrs)
- BIOL 3500 Medical Terminology (2hrs)

**University of St. Augustine**
- BIOL 2301 Anatomy & Physiology I (3hrs)*
- BIOL 2302 Anatomy & Physiology II (3hrs)*
  *Does not require lab, though it would be beneficial to take labs to be competitive.
- Biology—Human Based (3hrs)
- Physics, Biomechanics, or Physical Science
  *MUST include ‘motion and movement’
- PSYC 3620 Developmental Psychology (3hrs)
- 12 Hours of Social Sciences
  *Includes Psychology, Sociology, Anthropology, Public Health, Human Behavior and Development, Humanities (must show relationships), Ethnicity or Gender Studies; See advisor for options
- BIOL 3500 Medical Terminology (2hrs)
  **Does not require labs for all science courses, though some labs are required to enroll in other prerequisite coursework, it would also be beneficial to take the labs to be competitive for other OT schools.

**UT—El Paso**
- BIOL 2301/2311 Anatomy & Physiology I (4hrs)
- BIOL 2302/2312 Anatomy & Physiology II (4hrs)
- BIOL 3500 Medical Terminology (2hrs)
- PSYC 3620 Developmental Psychology (3hrs)
- PSYC 4610 Abnormal Psychology (3hrs)
- MATH 1680 Probability & Statistics (3hrs)
- Social Science elective (3hrs)
  Choose from: PSYC, SOCI, ANTH

**UT Medical Branch**
- PSYC 4610 Abnormal Psychology (3hrs)
- BIOL 2301/2311 Anatomy & Physiology I (4hrs)
- BIOL 2302/2312 Anatomy & Physiology II (4hrs)
- PHYS 1410 General Physics I (3hrs)
  - OR KINE 3050 Biomechanics (3hrs)
- PSYC 3620 Developmental Psychology (3hrs)
- PSYC 4640 Psychophysiology (3hrs)
- Choose one: SOCI 1510 Intro to Sociology (3hrs) or PSYC 1630 General Psychology I (3hrs) or ANTH 1010 Intro to Anthropology (3hrs)

**UT Health Science Center—San Antonio—** OTD
- BIOL 2301/2311 Anatomy & Physiology I (4hrs)
- BIOL 2302/2312 Anatomy & Physiology II (4hrs)
- PHYS 1410 General Physics I Lecture (3hrs)
  KINE 3050 Biomechanics (3hrs)
- PSYC 3620 Developmental Psychology (3hrs)
- SOCI or ANTH elective (3hrs)
- MATH 1680 Probability & Statistics (3hrs)
- BIOL 3500 Medical Terminology (2hrs)
  *Completion of a bachelor’s degree by the end of the fall semester the year before summer admission is required.
  **As of 2018 will be a Doctorates level program.

**UT—Rio Grande Valley**
- BIOL 2301/2311 Anatomy & Physiology I (4hrs)
- BIOL 2302/2312 Anatomy & Physiology II (4hrs)
- BIOL 3500 Medical Terminology (2hrs)
- PSYC 3620 Developmental Psychology (3hrs)
- PSYC 4610 Abnormal Psychology (3hrs)
- MATH 1680 Probability & Statistics (3hrs)
- SOCI or ANTH elective (3hrs)
- PHYS 1410/1430 General Physics I (4hrs)
  KINE 3050 Biomechanics (3hrs)
  TECM 2700 Technical Writing (3hrs)

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*Program requirements may change without notice and vary with each school; you are still responsible for checking schools’ websites for admissions information. Please see your academic advisor to further explore the requirements of the school in which you are interested.*
Webpages and Resources

Texas Occupational Therapy Schools

Abilene Christian University
http://grad.acu.edu/
Texas Tech University Health Sciences Center
https://www.ttuhsc.edu/sah/mot/
Texas Woman’s University
http://www.twu.edu/occupational-therapy/
University of St. Augustine
http://www.usa.edu/
University of Texas—El Paso
http://chp.utep.edu/ot/
University of Texas Health Science Center—San Antonio
http://uthscsa.edu/shp/ot/
University of Texas Medical Branch
http://shp.utmb.edu/OccupationalTherapy/
University of Texas—Rio Grande Valley
http://www.utrgv.edu/ot/

Student and Professional Associations

Alpha Epsilon Delta
https://unt.campuslabs.com/engage/organization/AlphaEpsilonDelta
Alpha Delta: Pre-Health Minority Club
https://unt.campuslabs.com/engage/organization/alpha-delta-the-minority-pre-health-organization
Medically Dedicated Students
https://unt.campuslabs.com/engage/organization/medically-dedicated-students-organization
UNT’s Volunteer Organizations
http://studentaffairs.unt.edu/
The American Occupational Therapy Association
http://www.aota.org/
Texas Occupational Therapy Association
https://www.tota.org/
UNT Pre-OT Club
https://unt.campuslabs.com/engage/organization/pre-occupational-therapy-club

GRE Information and Preparation

About the GRE
http://www.ets.org/gre
GRE Prep Materials
http://www.kaptest.com/
http://www.princetonreview.com/

Additional Resources

Career Exploration
http://texasotjobs.mobi/
http://explorehealthcareers.org/en/home

Contact Us

To schedule an advising appointment, please contact our front desk at 940-369-8606. Have a quick question? Feel free to send us an e-mail using the addresses listed on the front page.

The best way to achieve your academic and career goals is to ask for help! We are committed to providing you the best service possible, so we look forward to seeing you in the near future!