How to Apply
to Health Professional School

For Medical, Dental, Optometry, and Podiatry applicants and those going through HPAC

OFFICE OF HEALTH PROFESSIONS ADVISING
THE UNIVERSITY OF NORTH TEXAS
Application Tips

▪ Filling out the application takes time, DO NOT rush!

▪ Primary Application > *Secondary Application* > Interview

▪ Email is the primary mode of communication between you and the schools.

▪ Reference the AAMC’s Core Competencies for Entering Medical Students, https://www.aamc.org/services/admissions-lifecycle/competencies-entering-medical-students

▪ Activities should be from post-secondary experiences

▪ Review each application’s instruction manual for details about how to enter information accurately

▪ Transcripts are the #1 reason for delays in application processing

▪ Honesty is the best policy

▪ Proofread!
- Opens for submission: May 16, 2022
- Fees: $200 primary application fee, secondary application fees determined by the individual schools
- TMDSAS will begin to process your application as soon as it’s been submitted and the initial application fee has been paid
- Transcripts are not required for processing and transmitting one’s application to participating institutions, nor are they required for applicants to receive interviews. TMDSAS will let applicants know when to submit transcripts.
- Essays: personal statement (5000 characters), characteristics (2500 characters), optional (2500 characters)
- Activities:
  - Applicants can list activities that have yet to begin under the “Planned Activities” section (start date must be before August 2023).
  - Identify most meaningful activities for each section
- Coursework/grades:
  - Science GPA includes biology, biochemistry, chemistry, physics, and math
  - “All courses that appear on your official transcript(s), and for which a grade and credit were ever assigned, will be included in the TMDSAS GPA calculations, even if they are not included in the GPA calculations of the transcript-issuing school.”
- Source: [https://www.tmdsas.com/application-guide/](https://www.tmdsas.com/application-guide/)
AMCAS
Medical Programs (allopathic)

- Opens for submission: May 31, 2022
- Application processing takes 4-6 weeks, and schools will receive the first batch of verified applications on June 24, 2022
- Fees: $170 primary application fee for the first school and $43 for each additional school, most schools have secondary application fees
- Essays: personal statement (5300 characters)
- Activities:
  - Maximum of 15 entries
  - Identify up to three most meaningful activities
- Coursework/grades:
  - Science GPA includes biology, biochemistry, chemistry, physics, and math
  - “AMCAS counts all attempts of a repeated course, even if your school does not”
- The Fee Assistance Program can help with reduced application fees as well as discounted MCAT registration costs, visit https://students-residents.aamc.org/fee-assistance-program/fee-assistance-program-fap for eligibility and application information.
- Source: https://students-residents.aamc.org/media/11616/download
▪ Opens for submission: May 4, 2022

▪ Application processing takes 4-6 weeks, schools will receive the first batch of verified applications on June 15, 2022.

▪ Fees: $198 primary application fee for the first school and $50 for each additional school, most schools have secondary application fees

▪ Essays: personal statement (5300 characters)

▪ Transcripts can be sent electronically or through the mail. If having them sent through the mail, a separate “Transcript ID Form” is generated for each post-secondary institution entered in the application, and that form MUST accompany your transcript as it is sent to AACOMAS.

▪ Experiences:
  ▪ You cannot list experiences that have yet to begin

▪ Coursework/grades:
  ▪ Science GPA includes biology, biochemistry, chemistry, and physics
  ▪ “AACOMAS does not recognize an individual school's policies for forgiveness, academic renewal, or grade replacement for repeated courses. All grades earned for repeated courses are factored into your AACOMAS GPA”

▪ The AACOMAS Fee Waiver Program can help with reduced application fees for financially disadvantaged applicants, visit https://choosedo.org/application-fee-waiver/ for eligibility and application information.

▪ Source: https://help.liaisonedu.com/AACOMAS_Applicant_Help_Center
▪ Opens for submission: June 1, 2022

▪ Application processing takes 4-6 weeks

▪ Fees: $264 primary application fee for the first school and $115 for each additional school, most schools have secondary application fees

▪ Essays: personal statement (4500 characters)

▪ Experiences:
  ▪ You cannot list experiences that have yet to begin
  ▪ Highlight up to 6 experiences as most important

▪ Transcripts can be sent electronically or through the mail. If having them sent through the mail, a separate “Transcript ID Form” is generated for each post-secondary institution entered in the application, and that form MUST accompany your transcript as it is sent to AADSAS.

▪ Coursework/grades:
  ▪ Science GPA includes biology, biochemistry, chemistry, and physics
  ▪ “ADEA AADSAS includes all initial and repeated coursework in its GPA calculations”

▪ The Fee Assistance Program can help with reduced application fees, visit https://help.liaisonedu.com/ADEA_AADSAS_Applicant_Help_Center/Starting_Your_ADEA_AADSAS_Application/Getting_Started_with_Your_ADEA_AADSAS_Application/03_Application_Fees_and_Fee_Assistance_Program for details and eligibility requirements

▪ Source: https://help.liaisonedu.com/ADEA_AADSAS_Applicant_Help_Center
- Opens for submission: June 30, 2022

- Application processing takes 3-4 weeks

- Fees: $180 primary application fee for the first school and $70 for each additional school, many schools have secondary application fees

- Essays: personal statement (4500 characters)

- Transcripts can be sent electronically or through the mail. If having them sent through the mail, a separate “Transcript Request Form” is generated for each post-secondary institution entered in the application, and that form MUST accompany your transcript as it is sent to OptomCAS.

- Experiences:
  - You cannot list experiences that have yet to begin

- Coursework/grades:
  - Science GPA includes biology, biochemistry, chemistry, and physics
  - “OptomCAS does not recognize an individual school's policies for forgiveness, academic renewal, or grade replacement for repeated courses. OptomCAS will verify based on how grades for repeated courses are reported on the official transcripts. All grades earned for repeated courses are factored into your OptomCAS GPA”

- Source: [https://help.liaisonedu.com/OptomCAS_Applicant_Help_Center](https://help.liaisonedu.com/OptomCAS_Applicant_Help_Center)
▪ Opens for submission: late July 2022

▪ Fees: $185 primary application fee for the first school and $50 for each additional school if you apply to multiple programs at one time. There is a charge of $65 per school that is added at a later time.

▪ Essays: personal statement (4500 characters)

▪ Transcripts can be sent electronically or through the mail. If having them sent through the mail, a separate “Transcript Request Form” is generated for each post-secondary institution entered in the application, and that form MUST accompany your transcript as it is sent to AACPMAS.

▪ Experiences:
  ▪ You cannot list experiences that have yet to begin

▪ Coursework/grades:
  ▪ Science GPA includes biology, biochemistry, chemistry, and physics
  ▪ “Record full credit values and grades for all repeated courses. AACPMAS is required to include all repeated courses in GPA calculations, regardless of an institution's or state's academic forgiveness policies.

▪ Source: https://help.liaisonedu.com/AACPMAS_Applicant_Help_Center
Experiences

- Experiences should be grounded in the AAMC’s Core Competencies for Entering Medical Students

- DO NOT write a bullet point list of duties for each experiences/activities entry, instead think of these as mini essays where you reflect on what you have learned

- Limit to post-secondary experiences

- List the contact information for the person who can verify you did the work

- Should not be limited to only science and health-related experiences, demonstrate a well-rounded application!
Personal Statement

- This, among other essays like the optional essay or secondaries, is an opportunity for you to communicate who you are and why you are drawn to your chosen health profession.

- Discuss your journey to this profession, what you have done to ensure this is the right path for you, and what you have learned from these experiences.

- Be honest, clear, and concise.

- Use concrete examples to support your ideas.

- Get feedback from others, but ultimately the statement should be YOUR essay.

- This should NOT be an autobiography or expanded resume (that’s what the application is for!)
When to Submit the Application

- Apply ONLY when you are ready to submit your strongest application
- Apply early
- DO NOT wait on letters of recommendation and test scores to submit your application. Your application(s) can be processed without them!
- Send updates only when there is significant or documented information to share (final grades posted, award received, etc.)
- Follow guidelines set by schools for submitting secondaries on time
When filling out the application, list the name of the health professions advisor with whom you interviewed for HPAC as the author (select “Committee Letter” as the letter type):

- Todd Lang, Assistant Dean of Health Professions (Todd.Lang@unt.edu)
- Lizette Ozog, Senior Academic Counselor (Lizette.Ozog@unt.edu)
- Virnin Bonner, Academic Counselor (Virnin.Bonner@unt.edu)

*DO NOT list your faculty advisor as they cannot upload your committee packet. ONLY list one of the three names above.

The HPAC Letter Packet Request Form (available on canvas) is necessary in order to accurately upload committee letters.

2 Waivers Required:
- Waivers for each individual letter of recommendation
- Waiver/Authorization for HPAC to release your information to the application services.
Interview Tips

- Dress Appropriately \textsuperscript{V,IP}
  - Comfortable = Confidence \#NoFidgeting

- Anything you submitted is fair game \textsuperscript{V,IP}
  - Review, don’t regurgitate \#NoLeftovers

- Get there early \textsuperscript{IP}
  - Parking! \#NoBadFirstImpression

- Be sure to check your set-up \textsuperscript{V}
  - Can you hear me? \#NoElsa

- Have questions prepared \textsuperscript{V,IP}
  - Review the schools website \#NoSurfaceLevel

\textsuperscript{[Virtual (V) or In-Person (IP)]}
Questions?

Contact us!

HealthCareers@unt.edu

Or make an individual appointment to speak with an advisor!